**Montrose Sailing Club**

**Emergency Procedures**

**Responsibilities on sailing days at the club are clearly defined, and are shared between**

**Race officer.**

His responsibilities are for the oversight of all sailing. This ranges from deciding whether weather conditions permit any sailing to take place, to deciding that sailing must be stopped due to deterioration in the weather state.

He must also be prepared to tell a novice sailor that sailing conditions are too extreme for his degree of experience

He is in radio contact with the:-

**Safety Boat Helm.**

No club sailing is sanctioned without the safety boat being on the water.

Except in exceptionally light conditions, it is double manned.

**Any on-the-water emergencies, which cannot be resolved by safety boat crew, require a 999 call for help from the RNLI ILB**

**Capsizes and rig failures**

Any incidents during sailing will be attended by the Rib. If it is felt that the dinghy crew are unable to right their boat with, or without outside help, due to cold or fatigue, the safety boat crew will bring the sailors to shore and take out a relief crew to recover the capsize, and sail or tow it to shore.

**Medical Emergencies**

In the event of a serious medical incident out on the water, contact with the Race Officer will be made by radio, allowing an earlier call to the emergency services.

Likely incidents are head injuries when sailor is hit by swinging boom. Because buoyancy aids are mandatory, water inhalation injury should be less likely.

**Trapped situations.**

These are very rare, and usually limited to capsizes when the crew is wearing a trapeze harness, and is trapped under water.

A heavy-duty diver’s knife and wire cutters are part of the Rib’s safety kit.

**Minor injuries**

A First Aid box and St. John’s Ambulance handbook are clearly displayed in the clubhouse.

Throughout the season, the club is well served by qualified first aiders, a nurse and a doctor (retired).

The name of “on-call” first aider is marked on the whiteboard to right of clubhouse door.

**Care of junior members**

Under -14s are not allowed to be at the sailing club without a parent, or nominated responsible adult being present throughout the sailing session.

14 to 18 year olds

All emergency contact details are held in a folder in the Race Officer’s box.